



# The First Baltic Cystic Fibrosis Conference

🕒 Time: September 20-21, 2023

📍 Location: Kaunas, Lithuania

**Day 1** DIA conference hall, Maironio g. 9, Kaunas

**17:00 - 20:30** Medison Pharma Vertex Pharmaceuticals representative in Baltic states satellite symposium for CF specialists only  
Separate registration required  
New possibilities for CF management in Baltic Region

**Day 2** Magnum Conference Center, Karaliaus Mindaugo pr. 38, Kaunas

**10:00 - 10:30 WELCOME AND OPENING OF THE CONFERENCE**

**I Part** Session chairman:  
*Valdonė Misevičienė and Kęstutis Malakauskas, Kaunas, Lithuania*

**10:30 - 10:50** CF care in Lithuania: current affairs in the context of the ECFS patient registry  
Kęstutis Malakauskas, Kaunas, Lithuania

**10:50 - 11:10** CF care in Latvia: from newborn screening to novel treatment possibilities  
Elina Aleksejeva, Riga, Latvia

**11:10 - 11:30** CF care in Estonia: the current situation, challenges and achievements  
Silvi Plado, Tallinn, Estonia

**11:30 - 11:50** Monitoring disease in advanced CF center  
Dorota Sands, Warsaw, Poland

**11:50 - 12:00** Q&A

**12:00 - 12:30 COFFEE BRAKE**

**II Part** Session chairman:  
*Laimutė Vaidelienė, Kaunas, Lithuania and Elina Aleksejeva, Riga, Latvia*

**12:30 - 12:50** From diagnosis to everyday CF care in children: the main tasks and challenges  
Valdonė Misevičienė, Kaunas, Lithuania

- 12:50 – 13:10 **Newborn screening for cystic fibrosis in Lithuania: experience from the first months of implementation**  
Jurgita Songailienė, Vilnius, Lithuania
- 13:10 – 13:30 **Infection control and treatment in CF-still relevant?**  
Alexandra Hebestreit, Würzburg, Germany
- 13:30 – 13:50 **More adults with CF – a success but also a challenge**  
Virginija Kalinauskaitė-Žukauskė, Kaunas, Lithuania
- 13:50 – 14:05 **The fatal case of cystic fibrosis**  
Gintarė Obolevičienė and Laima Kondratavičienė, Kaunas, Lithuania
- 14:05 – 14:15 **Q&A**

## 14:15 – 15:15 LUNCH TIME

### **III Part**

*Session chairman:*

*Lina Jankauskaitė, Kaunas, Lithuania and Silvi Plado, Tallinn, Estonia*

- 15:15 – 15:45 **Compliance in CF: what you can do?**  
Yvonne Prins, Rotterdam, Netherlands
- 15:45 – 16:05 **Don't forget the upper airways: dominating pathologies, their treatment and prophylaxis**  
Tomas Balsevičius, Kaunas, Lithuania
- 16:05 – 16:20 **The main gastrointestinal CF manifestations and the evidens based nutritional recommendations in CFTR modulators era**  
Aida Žvirblienė, Kaunas, Lithuania
- 16:20 – 16:50 **Clinical cases compilation**  
Paulius Kalibata, Vilnius, Lithuania (10 min), Elina Aleksejeva, Riga Latvia (10 min), Maire Vasar, Tartu, Estonia (10min)

## 16:50 – 17:15 DISCUSSION AND CLOSING OF THE CONFERENCE

## 12:30 – 14:00 WORKSHOP FOR NURSES

*Session chairman: Elena Jurkutė, Kaunas, Lithuania*

- 12:30 – 12:50 **What does it mean to be a nurse at a CF center?**  
Riina Kubja, Tartu, Estonia
- 12:50 – 13:10 **Physical therapy and cystic fibrosis: what is the evidence base?**  
Brigita Siparytė – Sinkevičienė, Kaunas, Lithuania
- 13:10 – 13:30 **Inhaled therapy in cystic fibrosis: agents, devices and regiments**  
Iveta Skurvydienė, Tauragė, Lithuania
- 13:30 – 14:00 **Q&A**