



The First Baltic Cystic Fibrosis Conference

🕒 Time: September 20-21, 2023

📍 Location: Kaunas, Lithuania

Day 1 DIA conference hall, Maironio g. 9, Kaunas

17:00 - 20:30 Medison Pharma Vertex Pharmaceuticals representative in Baltic states satellite symposium for CF specialists only
Separate registration required
Current options for CF management in Baltic region

Day 2 Magnum Conference Center, Karaliaus Mindaugo pr. 38, Kaunas

10:00 - 10:30 WELCOME AND OPENING OF THE CONFERENCE

I Part Session chairman:
Valdonė Misevičienė and Kęstutis Malakauskas, Kaunas, Lithuania

10:30 - 10:50 CF care in Lithuania: current affairs in the context of the ECFS patient registry
Kęstutis Malakauskas, Kaunas, Lithuania

10:50 - 11:10 CF care in Latvia: from newborn screening to novel treatment possibilities
Elina Aleksejeva, Riga, Latvia

11:10 - 11:30 CF care in Estonia: the current situation, challenges and achievements
Silvi Plado, Tallinn, Estonia

11:30 - 11:50 Monitoring disease in advanced CF center
Dorota Sands, Warsaw, Poland

11:50 - 12:00 Q&A

12:00 - 12:30 COFFEE BRAKE

II Part Session chairman:
Laimutė Vaidelienė, Kaunas, Lithuania and Elina Aleksejeva, Riga, Latvia

12:30 - 12:50 From diagnosis to everyday CF care in children: the main tasks and challenges
Valdonė Misevičienė, Kaunas, Lithuania

- 12:50 – 13:10 **Newborn screening for cystic fibrosis in Lithuania: experience from the first months of implementation**
Jurgita Songailienė, Vilnius, Lithuania
- 13:10 – 13:30 **Infection control and treatment in CF-still relevant?**
Alexandra Hebestreit, Würzburg, Germany
- 13:30 – 13:50 **More adults with CF – a success but also a challenge**
Virginija Kalinauskaitė-Žukauskė, Kaunas, Lithuania
- 13:50 – 14:05 **The fatal case of cystic fibrosis**
Gintarė Obolevičienė and Laima Kondratavičienė, Kaunas, Lithuania
- 14:05 – 14:15 **Q&A**

14:15 – 15:15 LUNCH TIME

III Part

Session chairman:

Lina Jankauskaitė, Kaunas, Lithuania and Silvi Plado, Tallinn, Estonia

- 15:15 – 15:45 **Compliance in CF: what you can do?**
Yvonne Prins, Rotterdam, Netherlands
- 15:45 – 16:05 **Don't forget the upper airways: dominating pathologies, their treatment and prophylaxis**
Tomas Balsevičius, Kaunas, Lithuania
- 16:05 – 16:20 **The main gastrointestinal CF manifestations and the evidens based nutritional recommendations in CFTR modulators era**
Aida Žvirblienė, Kaunas, Lithuania
- 16:20 – 16:50 **Clinical cases compilation**
Paulius Kalibata, Vilnius, Lithuania (10 min), Elina Aleksejeva, Riga Latvia (10 min), Maire Vasar, Tartu, Estonia (10min)

16:50 – 17:15 DISCUSSION AND CLOSING OF THE CONFERENCE

12:30 – 14:00 WORKSHOP FOR NURSES

Session chairman: Elena Jurkutė, Kaunas, Lithuania

- 12:30 – 12:50 **What does it mean to be a nurse at a CF center?**
Riina Kubja, Tartu, Estonia
- 12:50 – 13:10 **Physical therapy and cystic fibrosis: what is the evidence base?**
Brigita Siparytė – Sinkevičienė, Kaunas, Lithuania
- 13:10 – 13:30 **Inhaled therapy in cystic fibrosis: agents, devices and regiments**
Iveta Skurvydienė, Tauragė, Lithuania
- 13:30 – 14:00 **Q&A**